

Love yourself von [Lena](#)

It seems that indigo and crystal children more and more incarnate on Earth and bring a beautiful new message of light, peace, love and joy with them. If you see them speaking, living and behaving you feel a completely new energy and vibration that is so much needed in today's time, especially in regard to the shift of consciousness that is predicted for the time around the magic date of December 21st, 2012.

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This video is a unique document of crystal child Lena from Switzerland who was interviewed live on December 11th, 2009, on "2012 and beyond" for one hour. Experience yourself the newness and freshness of her being! "2012 and beyond" is an Internet livestream channel with a weekly program every Friday at 8 pm GMT / 3 pm EST: livestream.com/2012truth

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